

# LIFESTYLES

HAWAII MARINE B SECTION

MARCH 30, 2007



A family finishes their pontoon boat ride at the Base Marina. Various sized pontoon boats are available for daily rental from the Marina.



Sun sets on boats at the Base Marina aboard Marine Corps Base Hawaii, Kaneohe Bay. The Marina and Outdoor Recreation Center provide a multitude of goods and services to active or retired service members and their families.



A variety of extreme sports equipment is displayed at the Base Marina. Knee boards, skis and wake boards are all available for rent.



A family motors past moored yachts, on their way to a day on the bay or out into the ocean. The most popular attraction at the Base Marina, the power boats, attracts all manner of customers from families to single service members.

## Boating in the bay

Story and Photos by  
**Lance Cpl. R. Drew Hendricks**

*Combat Correspondent*

Out of the approximately 137 miles of Oahu coastline, there is an eight-mile stretch that surrounds the warm, pristine water that makes up Kaneohe Bay. Those stationed on the island have the opportunity to explore the waters of this natural playground – courtesy of the Base Marina aboard Marine Corps Base Hawaii, Kaneohe Bay.

The Marina and Outdoor Recreation Center provide a multitude of goods and services to active duty or retired service members and their families.

“We have almost everything for anything you want to do in the water,” said Neil Morgan, the Outdoor Recreation Center manager.

Although the most popular items at the Marina are the powerboats, the pontoon boats are the biggest attraction.

“They are completely booked up almost every weekend,” said Morgan.

The 10-person pontoon boats are great getaway boats – not because they’re fast enough to pull off any James Bond-type getaways – but because they are considered to be “no shirt; no shoes; no problem” getaways, Morgan explained.

You can pack up a cooler; invite some family and friends and head out to the Kaneohe Ahu o Laka – more commonly known as the sandbar.

“I have seen everything out there,” said Morgan. “I’ve seen birthday parties, weddings, and even funerals. During the weekend there are easily one hundred boats out there.”

A pontoon boat is more than just a party barge; it can also be the launching area for underwater adventures. The deepest part of the bay is approximately 60 feet deep. The natural protection of the reef and the relatively calm waters make snorkeling a very popular activity, suggested Morgan.

“A lot of the Marina patrons like to use the pontoon boats to get out to the reefs and go snorkeling and scuba diving,” he said. “Kaneohe Bay is one of only two bays in the Hawaiian Islands that is protected by a barrier reef, so it’s perfect for a beginning boat or snorkeling enthusiast.”

If you would rather look at the fish as they dangle from your hook, the Marina can supply you with the boat, rods and bait needed to hook a big one.

If the party barge style is a little too slow-paced for you, the Marina has a few other boats that have the get-up-and-go to get your heart racing.

“Not only do we have the boats, but we also have the skis, knee boards and, of course, wake boards to pull behind them,” said Morgan.

The pontoon boats come in four categories and four prices: four-person for \$25, six-person for \$35 and 10 person for \$60. These prices are for four-hour blocks. Ski boats are \$40 per hour while sailboats range from \$12 to \$30. These are also

paid in four-hour increments.

“We have more than 40 boats, but they go extremely fast,” said Morgan. “We make reservations up to 60 days in advance, so if you prepare, we can get you taken care of.”

Before anyone can rent these boats, they need to take classes and/or pass a test. There is one test for the pontoon and one for the ski boat. The Marina also provides sailing lessons.

“The classes are extremely easy. You show up, listen and learn,” said Sgt. Cesar Leal, an avionics technician with Heavy Marine Helicopter Squadron 362. “Plus the Marina is far less expensive than anywhere in town, and staying on base makes it safer.”

Classes begin every Saturday at 8 a.m. and cost \$10.

“My suggestion is to show up as early as possible, because the classes fill up fast,” Morgan recommended.

The classes include a short video and an hour on the boat during which you learn how to safely maneuver around the bay. It also includes the Marina’s operating rules.

In addition to boat rentals is the Marina’s selection of sports gear that can keep you busy for many weekends to come.

The choices include canoes, kayaks, camping equipment, party supplies and even inflatable games. If it’s outdoors, they can hook you up.

“I have people from all the other bases clamoring to take advantage of these deals,” said Morgan. “You won’t find the same quality services for the same price anywhere on the island.”

These activities are not just fun for adults; they also have programs for children.

Instructors, like Samantha Lewenberg, help teach children the finer points of sailing through the Junior Basic Sailing Class.

“It’s great for kids, because it gets them off the couch and in the open air,” she said. “It’s far different than any sport they will ever do and is a great opportunity most people do not get.”

According to Leal, the price, convenience and products make the Marina a great addition to Marine Corps Base Hawaii. But, most service members don’t find out about the Marina until they are almost ready to leave the island.

“A lot of the Marines, who come here to check things out, will tell me they have never been down here before,” said Lewenberg.

The Marina is open seven days a week from 8 a.m. to 6 p.m. during the winter and until 7:30 p.m. on the weekends during the summer.

For reservations or appointment times, call 254-7667.





Christine Cabalo

Chief Petty Officer Laura DeJulio, intelligence specialist, Commander, Patrol and Reconnaissance Wing Two, Marine Corps Base Hawaii, Kaneohe Bay, helps Petty Officer 3rd Class Curtis Hayes, aviation machinist's mate, Marine Aviation Logistics Squadron 24, understand test directions during the March 8 exam. DeJulio oversees testing during advancement exams.

# Sailor strives to be self-sufficient

**Christine Cabalo**

*Photojournalist*

Not many U.S. Sailors who deployed to Iraq had the opportunity to work with the Iraqi army. But in 2006, Chief Petty Officer Laura DeJulio not only walked among the country's soldiers, she helped reform Iraqi government policies.

DeJulio's military career began with a desire to support her family through working in the intelligence field. Since joining the Navy in 1994, she said she has quickly advanced in pay grade by constantly being professional.

As an intelligence analyst, she initially began working as an information gatherer who briefed decision-makers who went on to imagery interpretation. Now assigned to Commander, Patrol and Reconnaissance Wing Two, she works as an intelligence specialist in the P-3 "Orion" aircraft community.

"Each squadron has an intelligence shop," the chief petty officer said. "I'm in charge of making sure they're ready to deploy. I make sure they have all the tools they need, and I ensure their

crews are ready to go."

After only six months on Marine Corps Base Hawaii, Kaneohe Bay, she was assigned as an individual augmentee and worked with the Iraqi army. The intelligence specialist said her decision to go to Iraq came from a desire to lead by example. As a leader, she said she could better prepare Sailors through her own work experiences.

"I thought she was especially courageous to go to a place where women are treated differently," said Petty Officer 1st Class Jennifer Francis, an intelligence specialist who works with DeJulio. "She set the tone for other women in the shop to go to Iraq."

As part of a military transition team, DeJulio was an advisor for Iraqi officials in the Maysan province. Her main duties were to help organize the country's supply system and establish a staff noncommissioned officer rank in the military.

She said her most difficult challenge was getting used to the different cultural practices. DeJulio recalled the first meeting with two interpreters who followed their country's tradition closely. Rather than shaking her hand, they put their hands over their



Christine Cabalo

DeJulio poses for a photo outside the Staff Noncommissioned Officers Club on Marine Corps Base Hawaii, Kaneohe Bay. The chief petty officer said she always strives to be as professional as possible.

hearts. The chief petty officer was later told that doing this was a sign of respect because the interpreters were not supposed to touch her – even for a simple handshake.

DeJulio said she even spoke with native Iraqi women who were curious about her independence. She said she gave the women bath products that she received from home and answered questions about her position in the military.

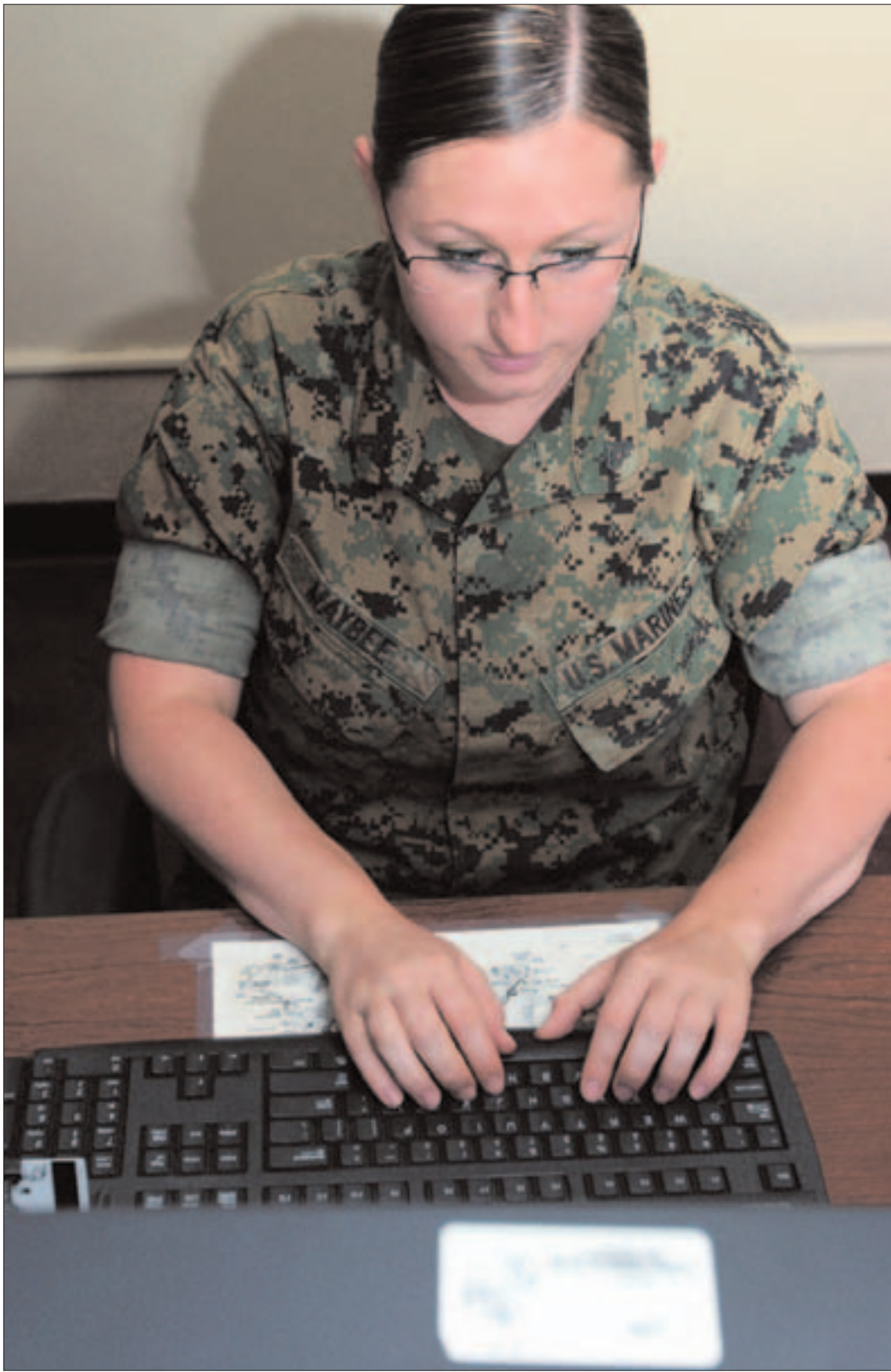
"I would be honest with them," she said. "I told them, in my religion and culture, it's okay for me to have a job. I'd show them pictures of my husband, and I told them he supports me."

DeJulio returned from her deployment to Iraq in July 2006 where she encourages women to hold

themselves to a high professional standard. She said she maintains that standard by remaining focused on the quality of her work.

Without setting professional limitations on herself, the intelligence specialist said she's driven to lead others by maintaining mutual respect. Those who work with her said they appreciate the way she continually draws upon her own work experiences to advise them.

"Whenever I have a question about something, she'll tell me exactly how she did it herself or get me in touch with someone who has more information," Francis said. "She's such a strong leader, and she shares all of her experience with everyone in the shop."



Sgt. Sara A. Carter

Corporal Jennifer Maybee, manpower noncommissioned officer, operations, Marine Corps Base Hawaii, Kaneohe Bay, carries out her daily assignment March 27.

# Sister follows brothers' lead, joins Marine Corps

**Sgt. Sara A. Carter**

*Combat Correspondent*

As Cpl. Jennifer Maybee watched her two older brothers join the military — her oldest brother joining the Air Force and the second oldest joining the Army — she knew one day she would also join the military, but she wasn't going to follow in either one of their footsteps.

"I wanted to be one up on my brothers," 22-year-old Maybee said. "The Marine Corps is known for their 'sharp' uniforms and their reputation for being the best. I wanted to be the best."

After graduating high school, Maybee did just that. She left Palmdale, Calif., in October 2002, joined the Corps, and went to boot camp at Recruit Depot Parris Island, S.C.

With boot camp behind her, she did what every Marine does; she attended Marine Combat Training at Marine Corps Base, Camp LeJeune, N.C. After that training, she went to her military occupational school.

In 2003, after training to become an administrative clerk, she was sent to Marine Corps Base, Camp Pendleton, Calif., where she worked for the School of Infantry for almost four years.

During that time, she gave birth to her son Gage. In some ways, she said having a child changed military life for her.

"Before I had my son, the Marine Corps was easy," she said. "Things that were so simple – like having duty, (physical



Sgt. Sara A. Carter

Maybee enjoys her life as a Marine and a mother of a 2-year-old.

fitness), and going to the range – have become difficult."

Maybee said it is sometimes difficult to find someone to watch her 2-year-old son – especially since she moved to Marine Corps Base Hawaii, Kaneohe Bay, in January. However, having to deal with situations like this doesn't dampen her outlook on the Corps.

"I have to do what I love to do ... that's being a Marine," she said. "But I also have to make sure my son is taken care of."

The two go hand-in-hand for

Maybee. She said everything she does is for her son, and her son is the motivation that makes her want to do well while in the Marine Corps.

"I want him to be proud of his mom," she said as she smiled.

The hardships of being a single parent haven't caused Maybee to think about getting out of the Corps, although she is unsure whether or not she will make it a career.

She said she is going to take things "one enlistment at a time."



# How to stop being a victim of domestic violence

**Staff**  
*LIFELines*

One of the most hidden and tragic secrets in the private lives of families today is that of domestic violence. This means any behavior that causes emotional suffering, physical harm, or threat of danger to any family member by another family member.

It is as varied as emotional or verbal abuse, denial of access to resources or money, restraint of normal activities or freedom, including isolation from friends and family; sexual coercion or assault; threats to kill or to harm; and physical intimidation or attacks. It knows no set rules or guidelines. It's not what the general public usually thinks of as "domestic violence." Men, women, and children can all be victims.

The unique and sometimes stressful aspects of military life, such as deployments, transient lifestyles, and transition from military to civilian life, are but a few of the challenges. While most families face these with optimism and strength, they can be overwhelming for those who can't manage stress in a healthy way. Pressure can build up and cause some people to strike out at others.

The first and often hardest step for a victim of domestic violence is admitting to yourself and to others that you are being abused. Once you've done that, you'll be better able to seek help for yourself and your children. As a victim of abuse, know that you are not alone. There are people you can turn to and places you can go for safety and help.

**(800) 799-SAFE**  
Memorize that number. To find out about help in your area, call toll-free (800) 799-SAFE — that's the National Domestic Violence Hotline. The chaplain's office on base, as well as the Fleet and Family Support Center and Marine Corps Community Services, offer reading material and counseling, as well as help in seeking shelter.

**The Military Process**  
The military community has its own guidelines for this situation. As soon as the Provost Marshal's Office or base police are contacted about a domestic violence case, the active-duty member's command is notified and sends a representative to the home. A member of the Family Advocacy Program goes to the location. If needed, victims receive medical treatment. At this time, as a precaution, the active-duty member – whether they are the victim or the abuser – is usually removed from the home and placed in barracks for the time being. The command decides on treatment options for the active duty member.

Family advocates urge all victims of domestic abuse to be aware that most domestic violence acts are not isolated incidents. They usually continue and increase in severity. You should know that there are resources available to help you. The Family Advocacy Office is available for counseling or to help you arrange a safety plan for yourself.

If you haven't yet been able to take that all-important first step of seeking help, you must always be aware and alert for potential signs of a pending attack from your abuser.



File photo

**First Priority: Protect Yourself, Children**  
Protecting your children and yourself should be foremost in your thoughts. If you are in immediate danger, call 911. If you can get away, do so immediately and seek help.

If you feel you are unable to leave your abuser, use these tips to help protect your children and yourself.

If you're at home and are being threatened or attacked:

- Stay away from the kitchen — the abuser can find weapons, like knives, there.
- Teach your children not to get in the middle of a fight, even if they want to help.
- Teach your children how to get to safety, to call 911, and to give your address and phone number to the police.
- Stay away from bathrooms, closets, and other small spaces where the abuser can trap you.
- Get to a room with a door or window to escape.
- Get to a room with a phone to call for help — lock the abuser outside if you can.
- Call 911, or your local emergency number, right away for help.

**Escape Plan**  
Plan an escape route out of your home and teach it to your children. Think about three or four places you could go if you need to escape.

Pack a bag with important things you'll need if you have to leave quickly. Put it in a safe place or give it to a friend or relative you trust. Include cash, spare house and car keys, and important information such as court papers, passport or birth certificates, medical records and medicines, and immigration papers.

**Take a good self-defense course**  
Get medical help if you are hurt, and have photos taken of any injuries.  
Call a domestic violence program or shelter and ask them to help you make a safety plan.

**Use the Law to Protect Yourself**  
Get an emergency protection order or temporary restraining order.  
Ask your local domestic violence program who can help you get a protection order and who can help you with criminal prosecution.

**Ask for help in finding a lawyer**  
In most places, a judge can:  
-Order the abuser to stay away from you or your children.  
-Order the abuser to leave your home.  
-Give you temporary custody of your children, and order the abuser to pay you temporary child support.  
-Order the police to come to your home while the abuser picks up personal belongings.  
-Give you possession of the car, furniture, and other belongings.  
-Order the abuser to go to a batterer's intervention program.  
-Order the abuser not to call you at work.  
-Order the abuser to give guns to the police.

**No One Deserves to Be Abused**  
Remember — it is never okay to accept being abused. No one deserves to be abused. As the victim, you are not at fault — the abuser is responsible for their actions. Seek help, seek shelter and stay safe.

## MARINE MAKEPONO

HAWAIIAN FOR “MARINE BARGAINS”

### AUTOS

**1993 Ford Bronco**, full size, new mud tires. \$5,500 or best offer. Call 254-0120.

### MISCELLANEOUS

**Baby crib and mattress**, \$40. Maternity clothes \$3 - \$4. Call 781-2967 or 349-5123.

**Riding lawn mower**, works great. \$175 OBO. Call 254-0120.

**Panasonic 23,800 BTU air conditioner**, excellent condition, very powerful, includes remote, used only six months, has standard three-prong plug. \$300 OBO. Call 223-2150.

**Total Gym.** Great condition, original price \$360. Asking \$150. Call 262-1296.

*Ads are accepted from active duty and retired military personnel, their family members and MCB Hawaii civil service employees.*

*Ads are free and will appear in two issues of Hawaii Marine, on a space- available basis.*

*Those interested in advertising must bring a valid DoD-issued ID to the Hawaii Marine Office.*

*Makepono may be used only for noncommercial classified ads containing items of personal property.*

*Forms may be filled out Monday through Friday between 7:30 a.m. and 4:30 p.m. at the MCB Hawaii Public Affairs Office located in Building 216, room 19, aboard Marine Corps Base, Kaneohe Bay.*

## ON THE MENU

### AT ANDERSON HALL

**Friday**  
*Lunch*  
Roast turkey  
Lemon baked fish fillets  
Baked macaroni & cheese  
Garlic roasted potato wedges  
Mixed vegetables  
Lyonnaised carrots  
Cream gravy  
Peach pie  
Chocolate chip cookies  
Spice cake w/lemon butter cream frosting  
Vanilla/chocolate cream pudding  
Lemon/orange gelatin  
*Specialty bar: Country Bar*

**Dinner**  
Chili conquistador  
Chicken cacciatore  
Burritos  
Refried beans

Spanish rice  
Simmered corn  
Green beans  
Taco sauce  
Desserts: Same as lunch

**Saturday**  
*Dinner*  
Pork roast  
Chicken cordon bleu  
Mashed potatoes  
Boiled egg noodles  
Simmered broccoli Polonaise  
Simmered succotash  
Chicken gravy  
Boston cream pie  
Shortbread cookies  
Yellow cake w/butter cream frosting  
Vanilla/chocolate cream pudding  
Lemon/raspberry gelatin

**Sunday**  
*Dinner*  
Oven roast  
Honey glazed Cornish hens  
Rice pilaf  
Savory bread dressing  
Asparagus w/hollandaise sauce  
Simmered squash Creole  
Brown gravy  
Pumpkin pie  
Oatmeal cookies  
Devil's food cake  
Vanilla/chocolate cream pudding  
Strawberry/lime gelatin

**Monday**  
*Lunch*  
Beef stew  
Baked fish fillets  
Baked macaroni & cheese  
Wild rice  
French fried okra  
Buttered corn  
Cream gravy  
Pecan pie  
Chewy nut bars  
Spice cake w/butter cream frosting  
Vanilla/chocolate cream pudding  
Lemon/strawberry gelatin  
*Specialty bar: Pasta*

**Dinner**  
Veal Parmesan  
Braised pork chops, bone-In  
O'Brien potatoes  
Peas with onions  
Spaghetti  
Marinara sauce  
Mixed vegetables

Mushroom gravy  
Desserts: Same as lunch

**Tuesday**  
*Lunch*  
Barbeque chicken  
Battered fish portions  
Steak fries  
Simmered corn  
Simmered asparagus  
Chicken gravy  
Sweet potato pie  
Double chocolate chip cookies  
Yellow cake w/chocolate chip frosting  
Vanilla/chocolate cream pudding  
Cherry/orange gelatin  
*Specialty bar: Taco*

*Dinner*  
Turkey ala king  
Salisbury steak  
Parsley buttered potatoes  
Glazed carrots  
Club spinach  
Brown gravy  
Desserts: Same as lunch

**Wednesday**  
*Lunch*  
Chili macaroni  
Roast turkey  
Grilled cheese sandwich  
Mashed potatoes  
Simmered pinto beans  
Simmered mixed vegetables  
Turley gravy  
Cheesecake w/cherry topping  
Peanut butter cookies  
Peanut butter cake w/peanut butter frosting

*Dinner*  
Beef Yakisoba  
Sweet & sour pork  
Shrimp fried rice  
Steamed rice  
Simmered broccoli  
Fried Cabbage w/bacon  
Chicken gravy  
Desserts: Same as lunch

*Dinner*  
Meat loaf  
Pork ham roast  
Mashed potatoes  
Tossed green rice  
Cauliflower combo  
Broccoli w/cheese sauce  
Brown gravy w/mushrooms  
Desserts: Same as lunch

**Thursday**  
*Lunch*  
Swiss steak w/brown gravy  
Chicken Parmesan  
Rice pilaf  
Oven browned potatoes  
Corn on the cob  
Simmered peas & carrots  
Brown gravy  
Blueberry pie  
Brownies  
White cake w/lemon cream frosting  
Vanilla/chocolate cream pudding  
Lime/cherry gelatin  
*Specialty bar: Deli bar*

## MOVIE TIME

**Prices:** Friday and Saturday 7:15 p.m., shows are \$3 for adults and \$1.50 for children. Sunday matinee is shown at 2 p.m. Shows are \$2 for adults and \$1 for children. Evening showings on Sunday and Wednesday are at 6:30 p.m. and late shows are shown Friday and Saturday at 9:45 p.m. Cost is \$2 for adults and \$1.50 for children.

For ticket pricing, the Base Theater Box Office defines an adult as a patron 12 and older and defines a child as a patron from 6 to 11. Children 5 and younger are admitted free of charge. Parents must purchase tickets for R-rated movies in person at the box office for children 16 and younger. Patrons must present their military identification card when purchasing tickets. Call 254-7642 for recorded information.

**Sneak Preview Policy:** One hour and 45 minutes prior to the movie, tickets will be issued to first priority patrons waiting in line, then second and third priority patrons.

In an effort to prevent piracy, the following security measures will be enforced on base for sneak preview screenings: bag checks, confiscation of cameras or cell phones with picture taking capability (items will be returned after screening), magnetometer wand, audience scanning with night vision goggles during screening.

The Base Theater and film companies thank you in advance for your cooperation and hope you will enjoy the show. For recorded information, call the Base Theater at 254-7642.

Because I Said So (PG13)  
Letters from Iwo Jima (R)  
Epic Movie (PG13)  
Hannibal Rising (R)  
Bridge to Terabithia (PG)  
Letters from Iwo Jima (R)  
The Messengers (PG13)  
Norbit (PG13)  
Hannibal Rising (R)

Today at 7:15 p.m.  
Today at 9:45 p.m.  
Saturday at 7:15 p.m.  
Saturday at 9:45 p.m.  
Sunday at 2 p.m.  
Sunday at 6:30 p.m.  
Wednesday at 6:30 p.m.  
Friday at 7:15 p.m.  
Friday at 9:45 p.m.



# Veterans remember Battle of Iwo Jima

**Lance Cpl. W. Zach Griffith**  
*MCB Camp Butler*

**CAMP KINSER, OKINAWA, Japan** — In the spirit of forgiveness and the celebration of an alliance between once bitter enemies, U.S. and Japanese veterans, their families, and political figures gathered on Iwo Jima for a commemoration of the 62nd anniversary of the battle for the island.

More than 200 service members from III Marine Expeditionary Force supported the commemoration March 12 to 15. A formal ceremony took place March 14.

Every year, Iwo Jima hosts a ceremony to honor those who fought and gave their lives in a battle that raged for 36 days on an island smaller than Manhattan.

Bill Griggs, who landed on the beaches as a rifleman with the 3rd Marine Division, made his second trip to the island since the battle in 1945. In the 62 years since he first trudged the beaches, the war-torn landscape had transformed, and so had the relationship between the U.S. and Japan.

"Everything has changed," he said.

The sentiment of forgiveness rang true for veterans on both sides.

"Understanding that both sides were fighting for their countries and forgiving them is important," said Kiyoshi Endo, the president of the Japanese Iwo Jima Association and veteran of the battle. "Just as important though, is never forgetting, because never forgetting will be instrumental in never allowing such a war to happen again."

Hurb Thompson, a U.S. veteran of the battle, said his trip was to help finalize his personal ambi-



Lance Cpl. W. Zach Griffith

**Bill Griggs, who served as a rifleman with the 3rd Marine Division during the Battle of Iwo Jima, was one of more than 200 U.S. and Japanese veterans, family members, and dignitaries who attended a ceremony March 14 of the 62nd anniversary of the battle.**

tion to forgive those he had once called enemy.

"We are all human beings created equally," he said. "I can only hope they can forgive us as I have done my best to forgive them. We have to work together now to make the world a better place."

Embodying the alliance at the

individual level is important, said retired Lt. Gen. Lawrence F. Snowden, a veteran of the battle and senior-ranking veteran attending the ceremony. However, at the time, he could not have imagined sharing common ground with those he once called enemy.

"Those of us who survived the

dreadful 36 days of combat can only be amazed that we gather here as citizens of two powerful nations, which stand together as close allies," Snowden said. "It is a testament to that bond between us veterans."

Lt. Gen. Joseph F. Weber, III Marine Expeditionary Force commanding general, said the bond

between the two nations is one to be proud of.

"It is commendable that we return to this hallowed ground not as advocacies but as devoted friends and allies," he said. "Our nations enjoy a dedicated alliance and friendship that none would have predicted 62 years ago."

## Department of Defense starts Domestic Violence Awareness Program

### News Release

*Domestic Violence Awareness Program*

The Defense Department launched a national program to increase awareness among service members and their families about domestic violence.

A partnership is being formed between DoD and the National Domestic Violence Hotline for the campaign, which is themed, "Take a stand against domestic violence."

The campaign is designed as an intervention message to educate service members and their families about domestic violence and connect them to the 24-hour-a-day hotline. It is an effort to focus the entire country on domestic violence issues and to make sure that people have the opportunity to stop and think about domestic violence, because it's an issue in society as well as in the military.

Educational materials about domestic

violence will be distributed at military installations and in key public places in surrounding civilian communities. The campaign also will include public service announcements in military media outlets.

The Department of Defense is hoping that more victims of domestic violence will make themselves known to authorities so that assistance can be provided. It is also hoping that by raising the visibility of the issue, it can help people to reconsider their behavior and actually be more willing to report domestic violence.

Domestic violence is a significant issue in DoD, as it is in society as a whole. The department already has an active program to address the problem, including support

and counseling services, and a task force has studied the issue and made recommendations about how to improve that program. As a result of those recommendations, DoD has revised some of its policies and put new training programs in place.

The National Domestic Violence Hotline offers access to domestic violence programs in the U.S., Puerto Rico and the U.S. Virgin Islands. The hotline provides crisis intervention, information and referral to victims of domestic violence and their friends and families 24 hours a day, 365 days a year, in more than 140 languages, with a teletypewriter line available for the disabled. The hotline's phone number is (800) 799-SAFE (7233), and the TTY line is (800) 787-3224.

## How personality tests can help communication skills

### Kelli Kirwan

*LIFELines*

Whether you are active duty or a military family member, you are given the opportunity to meet many different people and experience life in a way that many Americans will never have. The constant change around you, due to deployments or Permanent Change of Station (PCS) moves alone, gives military families exposure to different cultures, traditions, and ideologies. Knowing and understanding your personality and the personalities of those around you can help make these experiences that much richer and fulfilling.

### What Are Personality Assessment Tests?

These tests, unlike the ones you took in school, have no right or wrong answers. They are simply tools to help you understand yourself and others better. They are used to identify your personality type. Different tests help you define the various qualities that make you who you are and determine how you relate to the world around you.

### How Can Personality Tests Help Me?

Knowing how you view and react to the world can help you have greater insight into yourself and others. While you are learning about your own per-

sonality type, you will also learn about the other types. Understanding how others perceive the world will help you know how to better communicate with them, to achieve greater personal and professional success.

### How Can Personality Tests Help My Unit?

Companies often use personality tests to assess prospective employees or to match jobs to individuals. The corporate world has embraced the idea of team building through self-improvement and understanding. This same idea of team building translates perfectly to military units. Knowing how your team interacts, as well as the strengths and weaknesses of its members, makes for a more productive work environment and ultimately a more cohesive team, a vital ingredient for mission success.

### How Can Personality Tests Help My Family?

Learning and understanding who your children are, how they learn, and what motivates them may be worth its weight in gold as life throws your family the inevitable curveball. Understanding how to best communicate with each of your children will help you stay in the game.

Most marriages that survive to their golden wedding anniversaries do so because the

couples learn to work together and to use their personality differences to make their marriages stronger and more fulfilling.

### What Kind of Personality Tests Are Available?

Most tests ask a series of questions with multiple-choice answers. Your score determines your personality type, category, or, in one case, your "color."

Myers-Briggs is one of the most popular and recognized personality tests. It is often referred to as the Myers-Briggs Type Indicator (MBTI). The Color Code by Taylor Hartman breaks personality down into four colors that indicate your core personality. There are numerous personality tests available to take online, some just for your entertainment.

### What Do Personality Tests Tell Me About Myself?

You can gain new insight into your own personality and how you relate to others. Tests can help identify your personal strengths and weaknesses, and then you can use that knowledge to enrich and improve both your personal and professional life.

Learning more about yourself and those around you leads to richer and more rewarding experiences in a military family. Personality tests are just one tool you can use to make that happen.

## Back with his boys



Cpl. Mark Fayloga

**Staff Sgt. Timothy W. Austin, 2nd Battalion, 3rd Marine Regiment, S-4 chief, walks out of Hangar 5 with his two sons after returning from a seven-month deployment to Iraq in support of the Global War on Terrorism March 21. See D-1 for full story.**



# COMMUNITY EVENTS

## New Hawaii Young Actors’ ensemble to present “A Midsummer Night’s Dream” at Hawaii Theatre

The new Hawaii Young Actors’ Ensemble, a project of the Hawaii Theatre Center and Maryknoll High School, presents a co-production of Shakespeare’s “A Midsummer Night’s Dream” in one public performance only May 10 at 7:30 p.m. at the Hawaii Theatre.

Directed by Stephanie Conching of Maryknoll and Hester Kamin of the Hawaii Theatre, the show features students who have been in rehearsal since October in the educational program.

Tickets are \$10 for children, students, seniors, military and HTC members and \$15 for adults, including the Hawaii Theatre Restoration Fee. Tickets are available now at the HTC Box Office, 1130 Bethel Street, by phone at 528-0506 or online at [www.hawaiitheatre.com](http://www.hawaiitheatre.com).

There also will be a school matinee on May 9 at 9:15 a.m. Tickets are \$5 per person. Details on this performance also may be obtained through the box office.

“A Midsummer Night’s Dream,” often deemed the Bard’s most popular and most performed comedy, will feature students 13 to 18 from the following schools, with some parts multi-cast:

Maryknoll School: Marie Ayson as Sunshine; Winston Ashley as Theseus; Amy Fisk, Kimberly Kidani and Adrianne Liongson as Puck; Christianne Liongson as Hermia; Liam Mueller as Demetrius; Kristee Ogata as Snow; Sarah Yoshimura as Snug; and Regina Zabanzal as Starveling

Punahou School: Dana Auten as Flute, Marielle Hansen as Mustard-Seed, Joshua Lau as Bottom

Kaiser High School: Alexandra Boland as Hippolyta, Adriana Rappa as Titania

Kamehameha Schools: Blythe Brauer as Moth

Myron B. Thompson Academy: Nicole Brown as Sakura, Winona Kiyabu at Snout

Roosevelt High School: Nicolas Clark as Egeus

Kaimuki High School: Jennifer Evans as Cobweb

Kalaheo High School: Raphael Leonard as Quince

Home Schooled: Caprice Avis as Helena, Katherine Moody as Stardust, Ian Weir as Lysander, and Erik Wessel as Philostrate

Leilehua High School: Susi Leigh Pearson as Mason

Kaimuki Christian School: Ryan Stanfield as Oberon

Iolani School: Blaire Tolentino as Peaseblossom

In addition, 5-year old Brandon Pave, whose credits have already included “The King and I” for the Hawaii Opera Theatre and “The Wiz” at Kaimuki High School, will appear as Changeling.

The production features Renaissance music and dances. It showcases set and light design by H. Bart McGeehon, costume design by Elizabeth Wolfe, sound design by Charlie Roberts, fight choreography by Tony Pisculli, props by Douglas Perry, makeup by Greg Howell, state management by Carolyn Cubit-Tsutsui, and assistant stage management by Jenny Yi. Lisa Gomes is the Renaissance dance and music consultant.

There also are apprentices from Iolani School who are part of the educational program: Kristin Domingcil and Elyse Oyama in costumes, Burch Godwin in set and lighting, and Jason Lin as sound apprentice.

## Spring Concert showcases Hawaii Pacific University’s global talent in free event: “Homeward Bound”

Members of the Hawaii Pacific University International Chorale and Vocal Ensemble are gearing up for their fifth annual Spring Concert, “Homeward Bound.”

Everyone is invited to enjoy this free event, at 7 p.m. April 21 at Central Union Church at 1660 South Beretania Street.

Free event parking is available at the church.

The concert will feature spring-themed music from around the world, including songs from Africa, Cuba, Denmark, Germany, England, Ireland, Italy, Korea, the Philippines, Scotland, and Hawaii and the United States. The HPU Chamber Orchestra, under the direction of Dr. Teresa McCreary, will also perform at this event.

The program will be conducted by Susan M. Duprey, director of HPU Choral Activities, and accompanied by So Jin Kimura. World-renowned conductor Sir David Willcocks will serve as guest conductor for the final piece of the program, “Homeland.”

The university’s International Chorale and Vocal Ensemble have been performing for five years throughout the Oahu community.

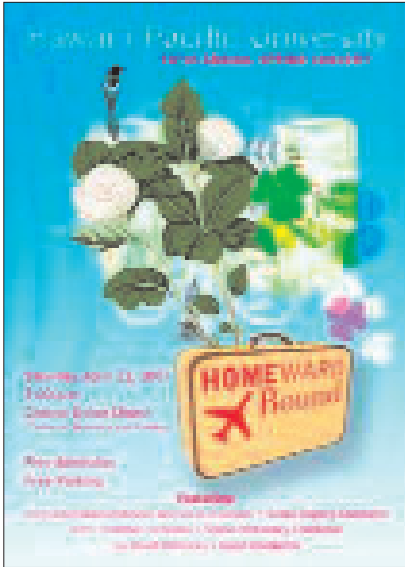
The International Vocal Ensemble made its debut in Carnegie Hall in June 2004 in a musical tribute to composer Morten Lauridsen.

In June 2006, the International Vocal Ensemble represented Hawai’i in a musical celebration of the 250th anniversary of Mozart’s birth in Vienna and Salzburg, Austria.

The newest addition to the HPU Instrumental Program is the Chamber Orchestra, comprising musicians from Hawaii and abroad.

Hawaii Pacific University is the state’s largest private university with more than 8,000 students from all 50 states and more than 100 countries.

For more information, contact the Office of Choral Music at 544-1172 or the Office of Instrumental Music at 544-0887.



## On the spot



Cpl. Mark Fayloga

Corporal Timothy Brown Jr., 2nd Battalion, 3rd Marine Regiment, is interviewed by KHNL 8 during a welcome-home celebration for four units based out of Marine Corps Base Hawaii, Kaneohe Bay, that returned March 21. Brown, who spent seven months deployed to Iraq with the battalion in support of Operation Iraqi Freedom told the news agency it felt great to be home and it seemed like he had been “waiting for this day the entire deployment.” Brown was greeted by his parents and relatives. See D-1 for full story.

